

**The following menu was planned by
The Area Agency on Aging:**

September 21 - 25, 2026

Monday

**Chicken Fajitas
Spanish Rice
Sour Cream, Cheese,
Salsa
Pineapple**

Tuesday

**Sloppy Joe
Sweet Potato Wedges
Cream Corn
Tropical Fruit**

Wednesday

**Baked Chicken Parmesan
w/ Penne Pasta
Green Beans
Garlic Breadstick
Apple**

Thursday

**Battered Fish
Squash Casserole
Green Peas
Hushpuppies
Chocolate Pudding**

Friday

**Ham
Navy Beans
Turnip Greens
Cornbread
Banana**

